



5 Green apple rating

Cannonvale State school

Tuckshop Menu

★ Fresh and healthy

Sandwiches (GF bread available 50c)

Vegemite sandwich (+ cheese extra 50c)	\$3.00
Salad and cheese sandwich	\$4.50
Ham and cheese sandwich	\$4.00
Egg and lettuce sandwich	\$4.50

Salads

Salad with cheese GF	\$5.00
Salad with tuna, chicken or ham GF	\$5.00
Caesar salad (+ chicken \$2)	\$5.00

Wraps

Salad and cheese wrap	\$5.50
Ham/chicken/tuna & salad wrap	\$6.50

Lunch packs

Pack 1 -Hot cheese roll, fruit, Chocolate or strawberry milk.	\$6.50
Pack 2 -Chicken or tuna sushi, custard, apple juice	\$6.50
Pack 3 – Chicken balls, fruit, Chocolate or strawberry milk	\$6.50
Pack 4 -BBQ chicken pizza, fruit, Chocolate or strawberry milk.	\$6.50

Hot food

Garlic bread	\$2.00
Hot cheese roll	\$3.00
Ham and cheese pizza	\$3.50
BBQ chicken pizza	\$3.50
Bacon and egg muffin	\$5.00
Chicken balls GF (mayo option 20c)	\$3.80
Chicken tender wrap (with lettuce & cheese)	\$6.00
Fish wrap (with lettuce, mayo or sweet chilli)	\$6.00

Drinks

Flavoured milk (choc or strawberry)	\$3.00
Juice (apple or apple/blackcurrant)	\$3.00
Water	\$2.00

Toastie

Cheese	\$3.50
Ham and cheese	\$4.50
Ham, cheese and tomato	\$5.00
Chicken and Cheese	\$4.50
Hawaiian delight (ham, pineapple, cheese)	\$5.00
Chicken delight (chicken, cheese, pineapple)	\$5.00

Sushi

Tuna and Avocado Sushi	\$3.50
Sweet chilli chicken	\$3.50
Crispy chicken sushi (soy option 20c)	\$3.50

Specials

Tues -Sushi bowl (chicken or tuna)	\$6.00
Wed -Taco boat (with salad, cheese, sour cream and salsa)	\$6.00
Thurs - Chicken Quesadilla	\$6.00

Healthy snacks

Apple	\$1.00
Apple slinky (Monday -Thursday)	\$2.00
Banana	\$1.00
Orange	\$1.00
Yoghurt with mango	\$2.00
Yoghurt berry crunch (berries and granola)	\$2.50
Popcorn	\$1.50
Custard (low fat)	\$2.00
Custard with banana	\$2.50
Snack pack (ham, cheese, crackers , olives Cherry toms)	\$4.00

Sweet treats

Homemade coconut brownie	\$2.00
Pikelets with Jam and butter	\$2.00

Frozen treats

Everest icecream GF (assorted flavours)	\$1.50
Frozen yoghurt (mango or strawberry)	\$2.00
Frozen pineapple	\$1.00
Icy pole	